



Anaphylaxis Policy

St Nicholas Catholic Primary School:

- Welcomes all children with anaphylaxis
- Recognises that anaphylaxis is an important condition affecting many children
- Encourages and helps children with anaphylaxis to participate fully in school life
- Recognises the need for immediate access to adrenaline auto-injectors (Epipens)
- Ensures that all staff understand anaphylaxis and its triggers and symptoms
- Understands what to do in the event of a child having an anaphylaxis attack and will, give emergency treatment and inform parents accordingly
- Works in partnership with children, parents, staff, governors and the school health service to ensure the successful implementation of this anaphylaxis policy.

Anaphylaxis

Anaphylaxis can be triggered by foods (nuts, shellfish, dairy products) or non-foods (wasp and bee stings, certain medicines, even exercise). The symptoms of anaphylaxis can be identified by effects on the respiratory system, cardiovascular system, gastrointestinal system, skin, nervous system and genitourinary system. In the event of an attack it is important to administer an adrenaline auto-injector (epipen) as soon as possible and then call 999 for an ambulance.

Parents

- Parents are asked to inform school immediately if their child has (or develops) anaphylaxis at any time during their school career.
- Parents should record the fact that their child has anaphylaxis on the school emergency contact form.
- It is the responsibility of the parents to ensure that medication and adrenaline auto-injectors are kept up to date and that any changes are recorded immediately.

School

- All staff working in the school have regular training on anaphylaxis and emergency first aid procedures. Further training will be given if necessary throughout the school year.
- Staff are given a list of those children in their class who have anaphylaxis and know that it is vital that they have access to their medication immediately. Adrenaline auto-injectors are kept in class and in the school office.
- Children must take their adrenaline auto-injectors on all out of school activities.
- Staff are not required to administer medication to children except in an emergency. School staff who do this are insured by the LEA when acting in accordance with this policy. If staff have to do this in an emergency then parents will be informed as soon as possible.
- Photographs of all children needing an adrenaline auto-injector can be found in the Office and in a file in the school kitchen. Adrenaline auto-injectors are stored in an accessible area in the school office and all staff are aware of where they are kept.
- Children's Individual Health Care Plans are kept in classrooms and in the school office.