

RSE Long Term Plan 2-year cycle 2026/27

Route B

<u>Year Group</u>	<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<u>EYFS</u>	EYFS Module 1 Unit 1 Story Sessions; Handmade with Love 5x5-10-minute sessions over 5 days	EYFS Module 1 unit 2 Spring 1 - Session 1- I am me Session 2 – Heads shoulders knees and Toes Session 3- Ready Teddy? + Classroom shorts 3 x 20-minute sessions EYFS Module 1 unit 3 Spring 2 – Session 1 – I like, you like, We all like! Session 2 – All the feelings! Session 3 – Let's Get Real 3 X 20- minute sessions	EYFS Module 1 unit 4 Session1 – growing up EYFS Module 3 unit 1 Session 1 – God is love Session 2 – Loving God Loving others EYFS Module 3 unit 2 Session 1- Me, you, us 4 X 20-minute sessions
<u>Year 1 & 2</u>	KS1 Module 1 unit 1 Story Sessions; Let The children come 5 X 10-minute sessions KS1 Module Unit 1 Session 1 – God Loves You 40 Minute session	KS1 Module 2 unit 2 Spring 1 - Session 1- Special people + classroom shorts Session 2 – Treat others well Session 3 - and say sorry 3 X 35 minutes KS1 Module 2 unit 4 Spring 2 – Session 1 – Good and bad secrets Session 2 – Physical contact Session 3 – Harmful substances Session 4 – Can you help me? part 1	KS 1 Module 3 unit 1 Session1 – Three in one Session 2 – Who is my neighbour? 2 X 30 mins KS 1 Module 3 unit 2 Session 1 – The communities we live in 35-minute session

		Session 5 – Can you help me? Part 2 5 X 35 - minute sessions	
<u>Year 3 & 4</u>	LKS2 Module 1 unit 1 Story Sessions – Get up! 5 x 15 sessions	LKS2 Module 1 unit 2 Session1 – We don't have to be the same Session 2 – Respecting our bodies + classroom shorts Session 3 – What is puberty? Session 4 – Changing bodies Session 5 – Male/ female discussion groups 5 X 45 minutes LKS2 Module 1 unit 3 Session 1 – What am I feeling? + classroom shorts Session 2 – What am I looking at? Session 3 – I am thankful 3 X 35 minutes	LKS2 Module 1 unit 4 Session1 – Lifecycles Session 2 – A time for everything 2 X 40 minutes LKS2 Module 3 unit 1 Session 1 – A community of love Session 2 – What is the church? 2 X 35-minute sessions LKS2 Module 3 unit 2 Session 1; How do I love others? 45 Minute session
<u>Year 5 & 6</u>	UKS2 Module 1 unit 1 Story Sessions – Calming the storm 5 X 15 minutes UKS2 Module 1 unit 2 Session 1 – Gifts and Talents Session 2 – Girls bodies Session 3 – Boys bodies Session 4 – Spots and sleep + classroom shorts 4 X 60-minute sessions	UKS2 Module 2 unit 2 Session 4 – Confidence vs control Session 5 – Build others up 2 X 60 minutes UKS2 Module 3 unit 1 Session 1 –The Holy Trinity Session 2 – Catholic Social Teaching 2 X 60-minute sessions	UKS2Module 1 unit 3 Session1 – Body image Session 2 – Peculiar feelings Session 3 – Emotional changes Session 4 – Seeing stuff online 4 X 60 minutes UKS2 Module 1 unit 4 Year 6; Session 1 – Making babies part 1 Session 2 – Making babies part 2 2 X 60 minutes Year 5; Session 1 – Menstruation Session 2; Hope beyond death 2 X 60 minutes