



Curriculum Overview: PE



Route A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	Me & Myself	Movement & Development	Throwing and Catching	Ball Skills	Fun & Games	Working with Others 
	Balance Bikes	Balance Bikes	Balance Bikes	Balance Bikes	Fitness 	Dance
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Stage 1	Football 	Gymnastics 1	Dance	Gymnastics 2 <i>Skipping Year 2</i>	Netball	Athletics  
	Dodgeball	Fitness 	Handball 	Orienteering 	Tennis 	Rounders 
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lower Key Stage 2	Football  <i>Swimming Year 4</i>	Gymnastics 1 <i>Skipping Year 4</i>	Dance	Gymnastics 2	Netball <i>Swimming Year 4</i>	Athletics  
	Dodgeball	Fitness  <i>Swimming Year 4</i>	Handball  <i>Swimming Year 4</i>	Orienteering  <i>Swimming Year 4</i>	Tennis 	Rounders  <i>Swimming Year 4</i>
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Upper Key Stage 2	Football 	Gymnastics 1	Dance	Gymnastics 2	Netball	Athletics  
	Dodgeball	Fitness 	Handball 	Orienteering 	Tennis 	Rounders 

Key Stage 1 – Following the Year 1 lesson plans

Lower Key Stage 2 – Following the Year 3 lesson plans

Upper Key Stage 2 – Following the Year 5 lesson plans



Curriculum Overview: PE

Route B

Foundation	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me & Myself Balance bikes	Movement & Development Balance bikes	Throwing and Catching Balance Bikes	Ball Skills Balance Bikes	Fun & Games Fitness 	Working with Others  Dance
Key Stage 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Hockey  	Gymnastics 1	Dance	Gymnastics 2 <i>Skipping Year 2</i>	Tag-Rugby 	Athletics  
Lower Key Stage 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Hockey   <i>Swimming Year 4</i>	Gymnastics 1 <i>Skipping Year 4</i>	Dance	Gymnastics 2	Tag-Rugby  <i>Swimming Year 4</i>	Athletics  
Upper Key Stage 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Hockey  	Gymnastics 1	Dance	Gymnastics 2	Tag-Rugby 	Athletics  
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Basketball	Fitness 	Golf 	Orienteering 	Volleyball	Cricket 

Key Stage 1 – Following the Year 2 lesson plans

Lower Key Stage 2 – Following the Year 4 lesson plans

Upper Key Stage 2 – Following the Year 6 lesson plans